

To ESID Secretariat

Motivational Letter

I am eager to serve as an ESID Junior Country Representative for Estonia as I approach my senior year as a clinical resident in allergology and immunology. My motivation for this role was sparked by my participation in the ERN-RITA Spring School in the Czech Republic this April, my first international seminar in this field. This experience opened my eyes to the common challenges and training approaches across Europe, highlighting the need for better communication and collaboration to enhance patient care.

Despite the inspiring nature of these international gatherings, I realized that only in my third year of residency did I become aware of such opportunities. This delay in exposure to critical learning and networking events has motivated me to ensure that future residents receive these opportunities earlier in their careers.

In my role as a Junior Country Member, I aim to facilitate earlier engagement with international seminars and more robust training support for residents. My experience in organizing events and communicating effectively, combined with a genuine enjoyment of these tasks, prepares me well for this role. In Estonia, where the immunology community is tightly-knit, my connections and the respect I have earned as a young specialist will aid in fostering greater collaboration.

Moreover, given the rarity of immunodeficiencies, I advocate for increased frequency and depth of theoretical and practical seminars. The local Society for Immunology and Allergology of Estonia (EIAS) already sets a commendable precedent with its seasonal seminars, and I am keen to build on this foundation.

I am committed to enhancing our professional community both locally and internationally, aiming to make significant contributions to organizing and communication efforts if elected.

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Estonia